

Enriching Individual Life Journeys.

November, 2018

ASHANTI HOSPICE ANNUAL MEMORIAL GATHERING

On **Sunday, November 18th**, Ashanti Hospice and Palliative Care will host its annual Memorial Gathering at Sunset Village in the Chapel room beginning at 2 pm.

This memorial celebration is an opportunity to remember Sunset residents we lost during the timeframe of July, 2017 through August, 2018.

Light refreshments will be served immediately following the program. Please contact Ashanti Hospice if you have any questions, or need additional information.

SUNSET STRIDERS WALK!

The "Sunset Striders" participated in the annual Walk to End Alzheimer's on **Saturday, October 13th**. This year marked the fifth year that Sunset was represented in the walk which was held at Promenade Park.

Thanks to all who supported this year's team!



HOLIDAY OPEN HOUSES

Please join us on **Sunday, December 9th** as we celebrate the season with our annual Holiday Open Houses at Sunset House and Sunset Village.

We hope you'll use this time to visit with family and friends, enjoy fantastic holiday treats, entertainment, fun and the beautifully decorated buildings

Please check each building for additional details.

MEDICARE OPEN ENROLLMENT CONTINUES

Just a reminder that the Medicare Open Enrollment period began on October 15th and runs until December 7, 2018. This is the one time of year when ALL people with Medicare can make changes to their health and prescription drug plans for next year. Coverage begins January 1, 2019. Visit Medicare.gov or 1-800-MEDICARE to get additional information.

During Medicare Open Enrollment you can decide to stay in Original Medicare, or join a Medicare Advantage Plan (like an HMO or PPO). If you're already in a Medicare Advantage Plan, the Open Enrollment period can be used to switch back to Original Medicare.

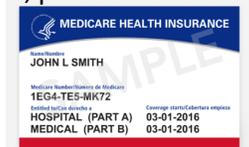
Please check with Sunset about Part C plans we are currently in network with.

REMINDER—MEDICARE CARD IS IN THE MAIL

According to CMS, the new Medicare cards have been mailed to people with Medicare who live in Michigan and Ohio. Once you receive your new card, please make sure the Business Office has a copy.

If you need additional information, please visit:

Medicare.gov/NewCard.



FLU VACCINATION FORMS

By now, you should have received a Flu and Pneumonia vaccine consent form. Please return it to us as soon as possible. Even if you have decided to decline the flu vaccine, it is important for us to have the consent form returned indicating that you have declined the vaccination.

It's also a good time to review the current contact information form that was also sent. If there is any contact information that should be updated please let us know as soon as possible, so that we may update our records.

SUNSET HOUSE

THE WOODLANDS

ASHANTI HOSPICE & PALLIATIVE CARE

SUNSET VILLAGE

FIELDSTONE VILLAS at Sunset Village



The Update is published monthly for family and friends of Sunset Retirement Communities. It is available on-line at www.sunset-communities.org or through email. You may opt-out at any time.



SUNSET HOUSE

THANKSGIVING DINNER

Join us for Thanksgiving Lunch from 11:30 am-130 pm on **November 22nd**. We'll celebrate with Turkey, Dressing, Mashed Potatoes, Green Bean Casserole, Cranberry sauce, and Pumpkin pie. \$10.00 per person. RSVP to front desk.

COOK TO ORDER MENU

Sunset House is starting a "Cook to Order" menu. This will begin in the Manor Dining Room. Residents will be able select lunch and dinner from a variety of menu items which will be made to order.

LOST LAUNDRY DAY

Mark your calendars for **Sunday, November 4th**, in Sunset House Community Room from 10:00 am -4:00 pm to claim any misplaced laundry.



THE WOODLANDS

FALL ACTIVITIES MAKE OCTOBER THE WOODLAND'S FAVORITE MONTH!

Woodland's Residents really helped make October a fun month. Along with Painted Pumpkins to place in front of the building, a trip to Indian Creek Zoo to visit the exotic animals, was on the agenda.



Local author, Clint Mauk, who has written a book of stories on the History of Toledo, stopped by to share a bit of Toledo nostalgia with our residents.

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Caramel apples with toppings of their choice, and of course, a special trip to the Erie Apple Orchard, including a tour of the orchard, freshly picked apples, and residents enjoying donuts and cider rounded out a busy month!



SUNSET VILLAGE

THANKSGIVING DINNER

Sunset Village will host Thanksgiving dinner on **Thursday, November 22nd**. Two seating times are available - 11:00 am and 12:00 pm. All the traditional holiday classic dishes will be featured. Reservations can be made at the front desk.

HOLIDAY HOME SHOPPING

Join us for the annual Sunset Village Holiday Home Shopping event on **Friday, November 30th from 10:00 am—3:00 pm**. Many exciting vendors will be showcasing their items just in time for the holidays. Lunch available for purchase and a raffle will be held, with proceeds benefiting the Life Enrichment program.



FIELDSTONE VILLAS AT SUNSET VILLAGE

CLUBHOUSE UPDATE

Like most of us, you've been watching the progress on the Fieldstone Villas Clubhouse and anxiously awaiting its completion. We'll be hosting a sneak peek "Open House" in December. Look for details in the next issue. In the meantime, if you or someone you know might like to learn about what the lifestyle at Fieldstone Villas has to offer, please contact Heather at 419-386-2686 for an appointment!



ASHANTI HOSPICE

HOSPICE DOES NOT MEAN GIVING UP HOPE

Not necessarily so. We will hope right along with the client that something with their condition or disease changes and they are no longer considered terminally ill.

We're very happy to discharge clients from hospice because they no longer meet hospice eligibility requirements.

Ashanti Hospice services helps the client focus on quality of life, not quantity of life. What do you wish to accomplish? What do you want your legacy to be? What is most important to you right now?

Hospice care does not have a hidden agenda. Ultimately, decisions and choices are those of the client and their family.

If you have questions about Hospice, please contact Ashanti at 419-724-1047 to discuss when it is appropriate to involve Hospice.