

*Enriching Individual Life Journeys.*

September, 2018

## SEPTEMBER INFORMATIVE EVENTS SCHEDULED!

### ADVANCE DIRECTIVES DISCUSSED

Even if you have already prepared these crucial documents, join us for what is sure to be an engaging and informative session, as Ashanti Hospice presents **“Take Direction! Navigating the Maze of Advance Directives”**, on **Tuesday, September 25th, at 11:30 am**, at Epworth United Methodist Church, 4855 Central Avenue. Local attorney, Dean Horrigan will present. Lunch will be provided. **RSVP to Ashanti Hospice by September 16th—419-536-4645, ext. 2004**

### FREE FALL RISK SCREENING

You won't want to miss this! Sunset Village Rehab is hosting a Fall Risk Screening on **Wednesday, September 26th** from 11 am — 2pm. Certified therapists will evaluate your gait, balance and strength. An overview of your general health and medication review will also be conducted. Vendors and refreshments will be available. The screening is Free and Open to the public.



### FLU VACCINE CONSENT AND UPDATED INFORMATION

A Flu Vaccine consent form and contact info form will be mailed very soon! Please review the information and return to us so that we make sure our records are up-to-date. Thank you!

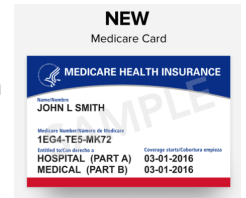


### SUNSET STRIDERS TEAM

There's still time to join the “Sunset Striders” for the 2018 Walk to End Alzheimer's on **Saturday, October 13th**. The annual walk will be held at Promenade Park in downtown Toledo.

## NEW MEDICARE CARDS

Very shortly, your new Medicare Card should be arriving in the mail. The new cards will no longer be issued with an individual's Social Security number, but rather a personal number which will help protect you from identity theft.



Please make sure to let our Business Office have an updated copy!

Here are some additional steps you can take to protect your identity. If you need additional information, please visit: **Medicare.gov/NewCard**.

- ⇒ **Destroy your old Medicare card.** Make sure you destroy your old card to help protect your SSN and other personal information.
- ⇒ **Start using your new Medicare card.** Doctors, other health care providers, and plans approved by Medicare know that Medicare is replacing the old cards, so carry the new card with you. Providers are ready to accept your new card when you need care. *Your Medicare coverage and benefits will stay the same.*
- ⇒ **Keep your Medicare Advantage Plan card.** If you're in a Medicare Advantage Plan (like an HMO or PPO), keep using your Medicare Advantage Plan ID card whenever you need care. However, you should also carry your new Medicare card—you may be asked to show it.
- ⇒ **Protect your Medicare Number like you would your credit cards.** Only give your new Medicare Number to doctors, pharmacists, other health care providers, your insurer, or people you trust to work with Medicare on your behalf.

Beware of people contacting you about your new Medicare card and asking you for your Medicare number, personal information, or to pay a fee for your new card. Medicare will never contact you uninvited to ask for your personal information.

SUNSET HOUSE

THE WOODLANDS

ASHANTI HOSPICE & PALLIATIVE CARE

SUNSET VILLAGE

FIELDSTONE VILLAS at Sunset Village



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SUNSET HOUSE

### LABOR DAY PICNIC

Sunset House residents family and friends are invited to join us on **Monday, September 3rd** for a Labor Day Picnic from 11:30 a.m until 1:30 p.m.. The menu will include Grilled Hamburgers and Hot Dogs, Potato Salad, Baked Beans and Watermelon. Reservations can be made by *Monday August 27th*, The cost of the meal will be \$5.00 per person.

### FINE DINING MIX AND MINGLE

Join us on **Friday, September 21st** at 430 p.m. for our monthly Fine Dining Mix and Mingle event. The meal will feature assorted miniature Quiche, Pork Loin Medallions with Mango Fruit Chutney, Baked Potato, Tarragon Buttered Green Beans and Homemade Carrot Cake. Reservations must be made by *Monday September 17th* by speaking to our front office receptionist. The cost of the meal is \$10.00 per person and includes a complimentary glass of wine or beer.



ASHANTI HOSPICE

### ASHANTI VOLUNTEER OPPORTUNITIES

Did you know that volunteering does more than help out a worthy organization? It's a great way to make friends and acquaintances, learn new skills and gain valuable experience should you need it!

Ashanti Hospice has many opportunities to help you fulfill your desire to volunteer. Please contact Ashanti's Volunteer Coordinator, Danielle, at 419-724-1047, to learn more!



FIELDSTONE VILLAS  
AT SUNSET VILLAGE

### ADDITIONAL OPEN HOUSE SCHEDULED

If you missed our August Fieldstone Villas Open Houses, don't worry! Due to overwhelming interest, an additional Villa Open House has been scheduled. Join us on **Friday, September 21st from 11 am—2 pm** to tour an "Elmore" Style villa. Any questions about Villa Life, give Heather a call at 419-386-2686 .



SUNSET VILLAGE

### USING TECHNOLOGY TO CONNECT

Kallie Inman, Activities Assistant, has arranged to have several college and university marching bands and twirlers connect with our residents to share their experiences. Using Skype, the band members are able to talk with our residents about performing. So far, students from Georgia, Alabama and Illinois are participating!

The Veteran's Group at Sunset Village also regularly Skypes with ROTC classes from many major universities and colleges across the country.

### IT'S NOT TOO SOON....

Please be reminded that as the season changes and with the upcoming holiday season, any new clothing should be labelled. Please leave the items at the front office . This will ensure that new items are returned to their owners and not place in lost and found.



THE WOODLANDS

### AUGUST WRAPS UP IN STYLE



The Woodlands residents enjoyed an August trip to The Butterfly House in Whitehouse, OH. There are over 1,000 different species of butterflies at the Farm and



from the looks of it, someone made a new friend!!

Bi-annually, The Woodlands hosts a fashion show. Residents and staff become fashionistas and show off the latest looks from Christopher & Banks! The Woodlands residents enjoyed an outing to the shop to pick out their outfits.

The Fashion Show was held on August 29th to a packed house, including many guests, who enjoyed lunch along with the show.