

THE UPDATE

Enriching Individual Life Journeys.

June, 2018

CELEBRATING NURSE'S WEEK, 2018!

National Nurses Week begins each year on May 6th and ends on May 12th, Florence Nightingale's birthday. This year,

Sunset Retirement Communities' paid tribute to our hard working team in a variety of ways, noting the nurses' commitment to protecting, promoting, and improving health care for all!

Sunset House celebrated the "Super Hero" dedication of its nursing team.



A skit was acted

out for residents and staff, featuring a menacing "villain", who was captured by Sunset House's Nursing team. Way to save the day, Nurses! A lot of laughs and fun was had by all!

SUNSET VILLAGE SELECTS NURSE OF THE YEAR, 2018

Rose Atkins, LPN was selected Sunset Village Nurse of the Year. Nominated by Sunset Village residents, family and staff, Rose was honored for her willingness to go above and beyond to meet the needs of our residents and families; show great customer service; attend to residents needs

promptly and efficiently and communicate well with families!



Rose was awarded a plaque, gift card and personalized jewelry

We are so happy to have Rose as part of the nursing team at Sunset Village.

Congratulations, Rose!

#SUNSETROCKS

To celebrate Older American's Month, residents at Sunset House, Sunset Village and The Woodlands painted rocks and labeled them with www.sunsetrocks.org. The rocks were hidden around Sylvania and Ottawa Hills and even on both campuses! Finders of the painted rocks were asked to post a photo of their find on social media with the hashtag #SunsetRocks!

Here are some photos of the lucky people who have located the "treasures" Keep looking –there are more to be found!







2018 SUMMER CONCERT SERIES

We're enjoying summer with the annual Sunset Summer Concert Series. Our next concert is at **Sunset House** on **June 21st. "Swingmania**" will perform beginning at 6:30 pm. Concerts are held outdoors, weather permitting. Seating is limited so please bring a chair or blanket to sit on!

Upcoming Concerts:

July 19— Fossil Creek Band—Sunset Village—6:30 pm August 16— TSA (Toledo School of the Arts) Pop Combo— Sunset House—6:30 pm

SUNSET HOUSE

THE WOODLANDS

ASHANTI HOSPICE & PALLIATIVE CARE

FIELDSTONE VILLAS at Sunset Village



SUNSET VILLAGE





SUNSET HOUSE MIX AND MINGLE FINE DINING EVENT

Residents, families and friends are invited to join us for June's Mix and Mingle Fine Dining Event on *Friday, June* 15th at 4:30pm. Dinner menu will feature: *Apple Bacon Slaw, Prime Rib Au Jus, Roasted Potato Medley, Garlic Green Beans and a Raspberry Lemon tart for dessert*. A complimentary glass of wine or beer will be served with the meal, and guests will enjoy Live Entertainment as well. Reservations can be made at the front desk for \$10.00/person by Monday, June 11th.

SUNSET VETERAN'S GROUP ACKNOWLEDGED

Sunset Village Veteran's group recently received certificates of appreciation for their work. The group makes and sends cards to Children's Hospitals and Veteran's Hospitals around the country! Nice work, Sunset Village!





BREAKING DOWN THE WALLS OF HOSPICE MYTHS

Over the next few issues, we'll explore common myths and misconceptions about Hospice care. As always, if you have any questions regarding Ashanti Hospice or hospice in general, please feel free to contact us at: 419-724-1047.

Myth: Hospice is only for people in their last days of life

<u>Fact:</u> Hospice care is for patients who have been given a terminal diagnosis and have less than six months to live if the illness runs its course, but receiving hospice care doesn't mean that death is imminent. The earlier you receive hospice care, the more opportunity there is to stabilize your medical condition. While some families and patients wait until the final days of life to contact hospice, hospice is available for many months and can make that time more about living well than dying.

ASHANTI COMMUNITY CONNECTIONS

Locations and times for Community Connections, Ashanti's bereavement support group are as follows:

June 4th—Sunset House at 1:30 pm

Call 419-724-1047 for additional information.



FIELDSTONE VILLAS UPDATE

The Clubhouse is coming along with opening expected in late fall. Reservations are already in place for the next phase of Villas. If you would like to learn more about this carefree and maintenance free lifestyle, give Heather a call at 419-386-2686 to arrange a personal meeting!



CELEBRATING MOMS AND MORE AT THE WOODLANDS



Celebrations reigned supreme at The Woodlands during the month of May!

Woodlands' residents put their creative talents on display by painting rocks to celebrate Older American's Month.

The rocks were hidden throughout the area, in

hopes that finders will appreciate the individual and beautiful artwork and like us, recognize just how much residents at Sunset. Rock!



A special party was held on Friday, May 11th to celebrate

Mother's Day. The ladies of The Wood-lands were treated to a fantastic lunch, followed by musical entertainment which included lyrics displayed a screen allowing them to sing-a-long. Each





guest received a party favor and quotes about Mother's Day!

A special treat, Root Beer Floats, signaled the finale to a terrific event!

