

*Enriching Individual Life Journeys.*

November, 2017

## OPEN ENROLLMENT

The Open Enrollment period for 2018 Medicare coverage began on October 15 and continues until December 7, 2017. During this enrollment period, you can make changes to various aspects of your coverage including:

You may change from Original Medicare to Medicare Advantage or vice versa.

You can also change from one Medicare Advantage plan to another, or from one Medicare Part D plan to another.

And, if you didn't enroll in a Medicare Part D plan when you were first eligible, you may do so during the open enrollment period.

If you are already enrolled in a Medicare Advantage plan or a Medicare Part D prescription plan and *do not want to make any changes to your coverage* for 2018, you do not need to do anything during the open enrollment period.

Be aware, however that your benefits and coverage could be changing in 2018.

## FLU AND PNEUMONIA VACCINES STILL AVAILABLE

Flu and Pneumonia Vaccines continue to be available to residents of Sunset Retirement Communities throughout the flu season.

This is also a good time to make sure that all insurance and contact information for your family member is up-to-date. Please ask a member of our staff should you have any questions or need additional assistance.

## GOING GREEN!

Please be reminded as we approach the new year, we will no longer be mailing copies of our newsletter. To receive an electronic copy of The Update, please send your email address to: [gyoung@sunset-communities.org](mailto:gyoung@sunset-communities.org). You may also find a copy of The Update on our website at [www.sunset-communities.org](http://www.sunset-communities.org).



ASHANTI HOSPICE

## ASHANTI HOSPICE TO HOST ANNUAL MEMORIAL CELEBRATION

Ashanti Hospice and Palliative Care will be hosting its annual Memorial Celebration, on **Sunday, November 19 at 2 pm** in the Community Room at Sunset House. The celebration is a chance to remember those Sunset residents who have passed from August 1, 2016 to July 31, 2017. The Memorial Celebration is open to family, friends and staff.

## WE'RE A LITTLE CAMERA SHY....

Many of you will be enjoying the holidays with your family members here at our communities! As you take photographs, please be mindful of residents other than your family members who may happen to be in the frame.

We understand your desire to share your photos with friends and family members who may be unable to be here via social media sites, however we must do everything to ensure that we protect the privacy of all of our residents which includes posting their pictures without their permission. Thank you for your cooperation.

## THANK YOU SUNSET STRIDERS

Thanks to all who took a few minutes out of their day on Saturday, October 14 to walk with the Sunset Striders to end Alzheimer's. Our fundraising efforts netted a little over \$1,000 for the cause.

Follow us for up-to-date news and information!



Sunset Retirement Communities



SUNSET HOUSE

### FINE DINING

Family and friends are invited to join us on **Friday, November 17** for our Mix and Mingle Fine Dining Event. Festivities will be held in the Community Room from 4:30 pm—6:30pm, beginning with Happy Hour featuring Beer, Wine and Vegetable Spring Rolls as appetizers, followed by an elegant meal of braised Short ribs with Korean BBQ sauce, Rosemary Roasted potatoes and a fresh pickled radish salad. Salted caramel tarts will be served for dessert. Reservations can be made at the front desk by Monday, November 13th. Meal is \$14.00 per person.

### THANKSGIVING DINNER

Please join us on **Thursday, November 23** from 11:30 am—1:30 pm for Thanksgiving Day Lunch. A traditional meal of Roast turkey, Dressing, Mashed potatoes, Green Beans, Fresh Baked Dinner Rolls and Pumpkin Pie. Please make reservations at the Front Desk. Guest meals are \$14.00.

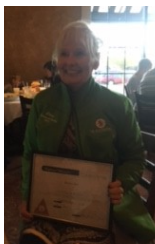
### ANNUAL HOLIDAY OPEN HOUSE

Sunset House will host its annual Holiday Open House on **Sunday, December 10**. Join us to usher in the Holiday season with appetizers and desserts, entertainment and activities for the kids! More details to come!



THE WOODLANDS

### CONGRATULATIONS, DIANNA BOX!



Dianna Box celebrated 10 years of service at The Woodlands! Former Ex. Director, Diana Hoffman had the vision and created the space to make a hair salon on the fourth floor and Dianna opened shop!!

### LIGHT THE NIGHT FOR ALL SOULS

The Woodlands will host its annual Light the Night for All Souls on **Thursday, November 2nd** at 7pm.

### HOLIDAY SHOPPING EXTRAVAGANZA

On **Wednesday, November 15**, 10 am—3 pm, stop by the Woodlands for our Holiday Extravaganza. There's a full display of vendors for easy shopping in one location! Lunch can be purchased for \$4.00.



SUNSET VILLAGE

### SUNSET VILLAGE HOME FOR THE HOLIDAYS

Stop by **Friday, December 1, between 10 am—3 pm**, to peruse many fine vendors at the "Home for the Holidays" Shopping Event at Sunset Village. A Hot Dog lunch provided by Ashanti Hospice, will be available for purchase. Proceeds from this event support our Life Enrichment program.

### HOLIDAY OPEN HOUSE

Mark your calendar as Sunset Village will host its annual Holiday Open House on **Sunday, December 10**. Please join us for holiday merriment with good food, entertainment and activities for the kids—with an appearance from a special guest from up North! *HO, HO, HO!*

### DONATIONS ACCEPTED

If you have any stickers that you would like to donate to our Life Enrichment group, we certainly appreciate it. We decorate cards to send to the Children's Hospital.

### HOLIDAY GIFTS AND CLOTHING

Please remember to make sure any new gifts of clothing for your family members are labeled. You may drop them off at the front desk. Thank you.



FIELDSTONE VILLAS  
AT SUNSET VILLAGE

### FIELDSTONE VILLAS OFFICE RELOCATES!

The Fieldstone Villas Sales Center has relocated to Sunset Village. You may enter by the Sunset Village Health Care entrance. If you're interested in learning about the Villas, please call Heather at 419-386-2686 to arrange a personal appointment.



ASHANTI HOSPICE

### UPCOMING COMMUNITY CONNECTIONS

Ashanti Hospice's bereavement/support group, Community Connections, is held monthly and rotates between campus'. Residents, family and staff are welcome to attend.

**Nov. 29-Village @ 10:30am-MPC (Sunset Village)**

**Dec. 27-House @ 10:30am-LR (Sunset House)**

MPC=Multi-Purpose Center LR=Living Room