

Enriching Individual Life Journeys.

March, 2018

ASHANTI INFORMATIONAL MEETINGS

In 2017, after careful consideration, we made the decision to exclusively offer only Ashanti Hospice and Palliative Care services to residents living at Sunset and in need of hospice services, effective March 1, 2018. The Ashanti team is very actively involved at all of our Sunset entities and works diligently to build relationships with our residents and associates to ensure quality services at end of life. Because of this involvement, our accessibility and our “hands on” and collaborative approach, we feel that we can contribute to the overall Sunset experience for our residents by offering better coordination of care during an individual's end of life journey.

We'll be holding Hospice education meetings at **Sunset House on March 6, 2018 at 4:00 p.m.**; **Sunset Village on March 7, 2018 at 4:00 p.m.** and **Woodlands on March 8, 2018 at 1:00 p.m.** Should you like to learn more about the hospice benefit, plan to attend one of these meetings to meet our team. Please contact the front desk receptionist to RSVP (419.724.1220 – Woodlands; 419.536.4645-House; 419.724.1200-Village). If you're unable to attend a meeting and would like to learn more about Ashanti, please contact Rachel Hedges or Amy Moore at 419.724.1047

IRS WARNS OF SCAMS

The Internal Revenue Service (IRS) is warning taxpayers of a scam involving invalid tax refunds being deposited into bank accounts.

After stealing client data from tax professionals and filing fraudulent tax returns, these criminals use the taxpayers' real bank accounts for the deposit. Thieves then use various tactics, including posing as a debt collector, or threatening criminal fraud and backlisting Social Security Numbers, to reclaim the refund from the taxpayer.

If you suspect you are a victim of this type of scam, please check the IRS website, www.irs.gov, for the proper way to return an erroneous tax refund.

WHY YOU MAY BE ASKED “TO HOLD A ROOM”

Our commitment to our residents is at the core of what we do! Making sure our residents always have a place to return to after a hospital stay is a priority. With the severity of the flu outbreak this season, along with the other types of health crisis' our residents may encounter, we are sometimes faced with a skilled bed shortage. Every attempt will be made to secure a skilled bed for our residents in our community. We do not have control of when the hospital will schedule a discharge and may not have a bed available. Therefore, you may be asked if you would like the option to pay to hold a bed, should your family member be hospitalized. Medicaid clients are the exception. If you choose to do this, your family member will be assured of a bed, if you do not, you may need to choose another facility for your family member's skilled stay.

We certainly appreciate how disruptive a change can be for your family member, and wanted to let you that an option to “Hold a Room” is available.

ANNUAL EASTER EGG HUNT

Hippity-Hoppity, Easter's on its way and so is the Sunset Annual Easter Egg Hunt!

Grab your basket and join the fun on **Saturday, March 24** at **Sunset House** from **1:00 pm – 3:00 pm** or at **Sunset Village** from **2:00 pm– 4:00 pm**.

Along with the Egg Hunt, there'll be fun crafts and activities. Bring your camera as photos with the Easter Bunny will be available.

Candy donations are welcome. Each donated bag enters you in a raffle for a prize!



CAMPUS SPEED LIMITS

Please be aware of the posted speed limits on our campuses. We have several folks who take advantage of the roadways to walk the grounds. Thank you for helping to keep our residents, their families, friends and staff safe!

SUNSET HOUSE

THE WOODLANDS

ASHANTI HOSPICE & PALLIATIVE CARE

SUNSET VILLAGE

FIELDSTONE VILLAS at Sunset Village



The Update is published monthly for family and friends of Sunset Retirement Communities.

It is available on-line at www.sunset-communities.org or through email. You may opt-out at any time.



SUNSET HOUSE

LOST CLOTHES DAY

Sunset House will have a Lost Clothes Day on **Sunday, March 4th from 10a-3p**. Residents and family are welcome to come and see if they can find anything that is missing.

CHILI COOK-OFF

Come taste the area's best Chili on **Friday, March 9 at 2:30 pm** as Sunset House hosts a Chili Cook-off! Friends, families and staff are welcome to bring a pot to share. May the best cook win!



SUNSET HOUSE MIX AND MINGLE FINE DINING EVENT

Sunset House invites Residents Family members or close friends to join us for our monthly Mix and Mingle Fine Dining event on **Friday, March 16th**. Beer, wine and a Salmon Fenel Salad will be served starting at 4:30 pm followed by an elegant Prime Rib dinner accompanied with Champ Red Skin Potatoes, Honey Glazed Carrots, Irish Soda Bread and Irish Cream Chocolate Mousse for dessert to commemorate St. Patrick's Day. Reservations and payment can be made at the Front Office Receptionist Desk by Monday March 12, 2018. The cost of the meal is \$10.00 per person, payable by cash or check.



FIELDSTONE VILLAS
AT SUNSET VILLAGE

FIELDSTONE VILLAS

Fieldstone Villas is gearing up for its next phase of villa development! We have new floorplans and pricing available for the next round of villas to be built. If an independent lifestyle is something you've been interested in, now is the time to meet with Heather McGannon to discuss. She can be reached at 419-386-2686 to schedule an appointment.

With the new club house project underway, we are very excited about all the wonderful things happening at Fieldstone Villas.



SUNSET VILLAGE

OPENING MINDS THROUGH ART



OMA (Opening Minds through Art) is an inter-generational art program that is designed for those with dementia. This is a program that Sunset Village is very actively involved with.

All the art made is abstract! Attached are some photos of the art that was created along with shots of the students and residents working together. The students were first year nursing students from Lourdes University.



All different mediums are used – watercolor, acrylic paint, three-dimensional art using mod podge and tissue paper, etc

Different techniques are utilized using stencils, different brushes (sponge dot vs sea sponges), etc. to create the art.

THE WOODLANDS RESIDENTS CELEBRATE FEBRUARY!

Though the month of February is short in days, The Woodlands residents made the most of the days! They kicked off the month with a Super Bowl party. Residents enjoyed traditional game day snacks and tried to guess the score of the game.



Cardio drumming exercise class made its debut at The Woodlands! Residents drum on exercise balls along to fun music!

Residents also created Heart wreaths for their doors and enjoyed a Chocolate and Wine tasting party!



And, of course, the month dedicated to love wouldn't be complete without The Woodland's annual Valentine's party. Highlights included crowning a Valentine's King and Queen.