



“There are amazing individuals among us; people who would never consider their aging as an obstacle. To meet them, you’d never know just what they’ve been up to. We’re not talking about climbing Mt. Everest or jumping out of an airplane. They’re people who embrace daily life in the simplest and most delightful ways. They leave themselves open to spontaneity, and try things they’ve always been meaning to get around to. How do YOU embrace aging as an adventure? Here’s an insider intro to some quietly fascinating people:”



“After raising four kids, and helping to raise four grandchildren, I fulfilled my lifelong dream of becoming a flight attendant! I’ve been flying to cities all over the United States for 4 years now and I’m loving it!”

Cheri Newbold/Toledo



“As far as I’m concerned, some of the best moments anyone can have are those spent with old friends. Kindred spirits and traveling companions since the late 1920’s, here we are celebrating our many years of friendship and enjoying life!”

Jeanne Deitrickson, MaryAnne Kinney and Posy Huebner/Toledo



“When my friends hosted my 84th birthday party, I couldn’t resist going out to shoot baskets with all the kids. Of course I told them to stop paying attention to whether I actually made any baskets. The good Lord has blessed me with continued good health, and I intend to have some fun!”

Vivian Davis/Toledo



“Being involved in Seniors and Masters events has given me a whole new perspective on aging. At one of my first events a few years ago, an 85+ year old gentleman came up to me and said it was nice to see younger people getting interested in track & field!”

Carole Ragan/Swanton



“I loved trying my hand at jet skiing in my late 70’s, but riding a four-wheeler off road for my 85th birthday was just as fun. I can always count on my grandchildren to introduce me to all kinds of wonderful new adventures!”

Alice Steinert/Sylvania